

# DOCUMENTATION GUIDE FOR OXYGEN

## **Diagnosis and Symptoms**

Oxygen therapy is covered for acute OR chronic conditions, and for short-term OR long-term use, when the patient's oxygen levels reach 88% or below.

## **Testing**

- ❖ *When discharging from the hospital or SNF the O2 test must be the last test done prior to discharge and must be within 48 hours of discharge.*

**Test Method I – At rest on room air** – It must be specified that the test was done “At rest on room air”

**Test Method II – During Exercise - Please document the following three tests:**

1. At rest on room air showing non-qualifying results.
2. During activity on room air showing desaturation at or below 88%.
3. During activity on oxygen showing improvement.

**Test Method III – During Sleep with or without OSA** – If the patient has OSA the test must be performed in an in-lab titration. If the patient does NOT have OSA you can order an overnight pulse oximetry test. Please call Fredericksburg Medical Equipment at 830-990-4775 to set up testing.

## **Medical Records**

The medical records must document:

- The patient's diagnosis and symptoms
- Test results
- Documentation that the physician has reviewed the oxygen testing and made the clinical decision to prescribe oxygen therapy and must include:
  - Liter flow
  - Route of administration (nasal cannula, oxygen mask, CPAP bleed in, etc.)
  - Duration of use (continuous or nocturnal)